

Suggested work for 1st - 5th of June

If you have any questions regarding work or your child's work to show me please continue to message me on class dojo or you can contact me using the following email address:

firstclass1@glasheengirlsns.com

Monday	<p>Make one of the following: (Recipes attached)</p> <ul style="list-style-type: none">• Berry smoothie• Fruit kebab wand• Fairy cakes <p><i>Seesaw: Log in for drawing activity</i></p>
Tuesday	<p><i>Seesaw activity - story telling with drawings. Draw a picture and voice record yourself telling the story.</i></p> <p>Set up a circuit in your garden/house and complete some of the exercises. (Pages attached)</p>
Wednesday	<p>English: Jolly grammar pg 63 - Using a dictionary Reading - Cjfallon.ie has free access to books. You just need to enter your email address and you will get access. Read story "Jill's New Rollerblades" Pg 1 - 7 https://my.cjfallon.ie/preview/student/1363/5</p> <p>Maths: <i>Seesaw activity - watch the video on how to round numbers to the nearest ten.</i> Busy at Maths Page 135</p> <p>Irish: Bua na Cainte Pg 77 - Bí ag scríobh</p>
Thursday	<p>English: Handwriting book pg 52 Small world /Science Pg 70 Australia - Factfile <i>Seesaw - Read these words</i></p> <p>Maths: Busy at Maths Pg 136 Round the number before adding. The number is your estimate. You don't need to put an answer in the star. Rounding numbers to the nearest 10 practice https://www.topmarks.co.uk/maths-games/rocket-rounding</p>

	<p><u>Irish:</u> Seesaw - Cé mhéad atá air? Bua na Cainte video</p>
Friday	<p><u>English:</u> Two little frogs Pg 91 - Capital letters https://www.twinkl.ie/resource/t2-e-854-where-should-capital-letters-go-lesson-teaching-powerpoint Seesaw activity - Read/listen to the story "The bad seed" and complete activity.</p> <p><u>Maths:</u> Tell the time game - to the hour and half hour https://mathsframe.co.uk/en/resources/resource/116/telling-the-time Number line practice - What number am I? 1. I am three numbers bigger than six. 2. I am 5 numbers greater than 2. 3. I am 4 numbers less than 12. 4. I am six numbers greater than 11. 5. I am an even number between 12 and 15. 6. I come three numbers before 18. 7. I come four numbers before 20. 8. I am 3 numbers greater than 17. https://www.twinkl.ie/resource/T-N-004-Number-Line-0-20 if you need a number line!</p> <p><u>Irish:</u> Seesaw activity - Rann - Ag scipeáil</p> <p>Seesaw activity - dance activity. Enjoy 😊</p>



Berries Smoothie Recipe

Serves 4

Ingredients

125g strawberries
50g raspberries
50g blackberries
100g yoghurt
100ml milk
1 tbsp honey (optional)

Equipment

Blender
Measuring spoon
Drinking cups

Method

1. The night before making the smoothie, place the fresh berries in a freezer.
2. Measure ingredients and put in a blender.
3. Blend until smooth.
4. Serve immediately.



Fairy Cakes

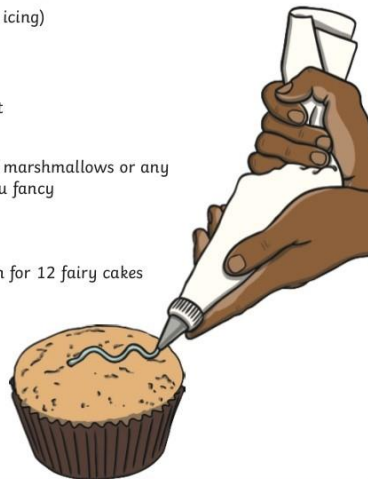


Ingredients

100g caster sugar
100g softened butter (for cakes)
200g softened butter (for icing)
100g self-raising flour
2 eggs
1 teaspoon vanilla extract
200g icing sugar
Food colouring, sprinkles, marshmallows or any other decorations that you fancy

Equipment

Oven
Fairy cake tray with room for 12 fairy cakes
12 fairy cake cases
Large mixing bowl
Small mixing bowl
Wooden spoon
Fork
Icing bag



Method

1. Turn the oven on at 180°C or gas mark 4.
2. Put a paper fairy cake case in each hole of your fairy cake tray.
3. Put the sugar and 100g of butter in the large mixing bowl and mix it together. The butter needs to be soft so that you can really work it together with the sugar. It should be fluffy and creamy once combined.
4. Sift the flour into the bowl. This gets rid of any horrid lumps and make the flour nice and airy so you have light fairy cakes. Fold the flour into the sugar and butter.
5. Break the eggs into the small mixing bowl. Fish out any bits of shell that accidentally drop in and whisk the eggs together with a fork.
6. Add the vanilla extract and the eggs to the butter, sugar and flour mixture and mix together.
7. Divide the cake mixture out evenly between the 12 fairy cake cases.
8. Put the tray in the oven for 20 minutes. The fairy cakes should be golden once cooked.
9. Whilst the fairy cakes are cooking, wash and dry the large mixing bowl. Add the remaining 200g of softened butter to the bowl. Sift the icing sugar into the butter and mix together. The icing should be smooth and creamy. You can add a drop of food colour at this point if you want coloured icing.
10. Put the icing into the bag, ready to ice the cakes.
11. Once the fairy cakes have cooked, let them cool completely in the tray. When the cakes are cool, pipe the icing onto each fairy cake. Letting the cakes cool fully stops the icing from melting!
12. Decorate the cakes with your choice of sweets and sprinkles!
13. Serve your yummy fairy cakes and enjoy!



Magic Wand Fruit Kebabs

Ingredients

Pineapple
Apples
Strawberries
Bananas
Watermelon

Equipment

Chopping boards
Sharp knife (adult use only)
Child-safe knives
Star-shaped cookie cutters
Wooden kebab skewers
(blunt-ended if possible)

Method

1. Before the activity, prepare the wooden skewers by boiling them in hot water. This will stop them from splintering.
2. Wash your hands and put on an apron.
3. Next, wash the fruit.
4. Then, an adult should remove the skin from the pineapple, watermelon and apple (optional).
5. Cut the apple, pineapple and banana into chunks, and the strawberries into halves. Children can use child-safe knives to cut the soft fruit like the bananas, pineapple and strawberries.
6. Cut the watermelon into slices.
7. Use the cookie cutters to cut star shapes out of the slices of watermelon.
8. Lay out the fruit pieces and carefully place onto the skewers. Children should be closely supervised for this activity, as the skewers can be very sharp. Model how to push the fruit onto the skewers, without putting their hands behind the fruit where the skewer will come through it.
9. A star-shaped piece of watermelon can be the final piece of fruit placed onto the top of the skewer to finish the magic wand fruit kebab.

Fitness Circuit Cards

Ski Jumps

Do 20 ski jumps:

- You can jump on the spot or travel forward.
- Can you travel backwards?
- What happens if you ski jump using your arms to propel you?
- What happens if you **don't** use your arms?

Fitness Circuit Cards

Line Jumps

Face a line and jump forwards and backwards over the line:

- What happens if you jump using your arms to propel you?
- What happens if you **don't** use your arms?
- How many jumps can you do in a minute?

Fitness Circuit Cards

Hopping

Hop around the circuit:

- How many laps can you do?
- How many hops can you do before you need to swap legs?



Fitness Circuit Cards

Tiptoe Walking

Tip toe around the circuit:

- Can you tip toe fast?
- Can you tip toe slowly?



Fitness Circuit Cards

Knee Highs

Run around the circuit bringing your knees up high.



Fitness Circuit Cards

Crab Walk

Crab walk around the circuit:

- Can you crab walk faster forwards or backwards?
- Have a race with your friends.
- Can you crab walk sideways?

Fitness Circuit Cards

Heel Walk

Walk around the circuit on your heels:

- Can you walk fast?
- Can you side step on your heels?



Fitness Circuit Cards

Toe Touches

Do 10 toe touches:

- Reach up high and then bend down and touch your toes. Your arms and legs should stay straight.
- Can you do sitting toe touches?



Fitness Circuit Cards

Star Jumps

Do star jumps for one minute:

- How many can you do?



Fitness Circuit Cards

Step Ups

Find a bench or step and do step ups – one leg at a time, for a minute:

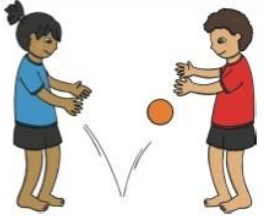
- How many steps can you do?
- Can you do jump ups? (both legs at once)



Hit a ball to your friend.



Do **10** star jumps.



Bounce a ball to a friend.



Throw **5** beanbags into the hoop.



Dribble the ball around the cones.



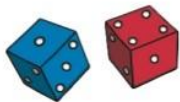
Throw **10** beanbags into the hoop.



Jump between the hoops.



How many times can you hop on one foot?



Roll a dice and then jump the number.



Run between the cones **5** times.